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Nonchemical control of a perennial weed, *Cirsium arvense*, in arable cropping systems. A review

Elise Favrelière¹ · Aïcha Ronceux¹ · Jérôme Pernel¹ · Jean-Marc Meynard²

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Abstract

Cirsium arvense (L.) Scop. is one of the most problematic perennial weeds in European countries, causing notable yield losses in both conventional and organic arable cropping systems. *C. arvense* control is essential because its infestation spreads rapidly and has negative impacts for several years due to its biological characteristics. Herbicidal treatments are the main control methods used in conventional input-based systems, but they are not always more effective than cultural practices. However, the cultural practices currently employed in arable cropping systems are often expensive and time-consuming. To guarantee the efficiency of these control practices, knowledge of *C. arvense* biology is essential. This review synthesizes the key points from the previous literature on *C. arvense* biology that can be mobilized to this end and analyzes the literature on different strategies of *C. arvense* control without herbicides. These strategies are (1) limitation of *C. arvense* dispersal, (2) weakening of root reserves, (3) extraction of roots, (4) competition with cultivated species, and (5) physical destruction. There is also a review of reported experiences using these strategies for *C. arvense* control, and relevant information is presented on associated biological processes to optimize the efficacy of each practice. The benefits and drawbacks of these strategies for *C. arvense* control are also emphasized, as well as the possibility of combining them in cropping systems, even though some knowledge gaps remain. This review confirms that one individual practice, implemented in 1 year only, is not sufficient to provide satisfactory, long-term control of *C. arvense*; therefore, further studies on combinations of control strategies and processes are required. There is a particular lack of knowledge about the duration of the effect of *C. arvense* control strategies.

Keywords *Cirsium arvense* · Perennial weed · Weed control · Nonchemical methods · Arable cropping systems

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1 Introduction

Most problematic weeds in arable cropping systems in Europe are perennial weeds (Glemnitz et al. 2007). *C. arvensis* (L.) Scop. (thistle) is considered problematic in both conventional (Schroeder et al. 1993) and organic cropping systems (Riesinger and Hyvönen 2006; Glemnitz et al. 2007) in the northern hemisphere, including all European countries, Asia, Canada, and the northern USA. In the Southern Hemisphere, *C. arvensis* has become an issue in Australia, New Zealand, South America, and South Africa. *C. arvensis* is recorded as an injurious weed in the official list of plant pests, and its control is made obligatory in various countries, in Europe and in North America, New Zealand, and Australia (Tiley 2010). *C. arvensis* can cause 30–50% yield losses in arable crops, with a density of 15–20 *C. arvensis* shoots per m⁻² (O'Sullivan et al. 1982, 1985; Patriquin et al. 1986). Studies show that yield losses increase linearly beyond ten *C. arvensis* shoots per m⁻² (O'Sullivan et al. 1982, 1985) and can reach 70% in some situations (Tiley 2010). This can be due in part to allelopathic effects, especially in winter wheat (Evans 1984; Pilipavičius and Romaneckas 2014) and legume crops (Fig. 1) (Golubina and Ilieva 2015).

C. arvensis infestation also involves costly management practices, such as high herbicide rates, numerous cultural practices, or manual interventions. In conventional input-based farming systems, chemical weeding is the primary practice in the control of *C. arvensis*, with glyphosate as one of the main herbicides used. In modern agriculture (conventional or organic), weed control should be based on the combination of various control methods: longer rotations, soil tillage, mowing, and manual or mechanical weeding, with the chemical solution being the last resort (Buhler et al. 2000; Liebman et al. 2009; Westwood et al. 2018). It has also been shown that chemical control is not always more effective than cultural practices (Tavaziva 2017; Davis et al. 2018). In organic farming, *C. arvensis* control is mainly based on the presence of grasslands in the rotation and consequently is more complicated on farms without livestock (Melander et al. 2016). *C. arvensis* control is especially important because the infestation is likely to spread rapidly and has a negative impact lasting several years if effective management is not undertaken. For

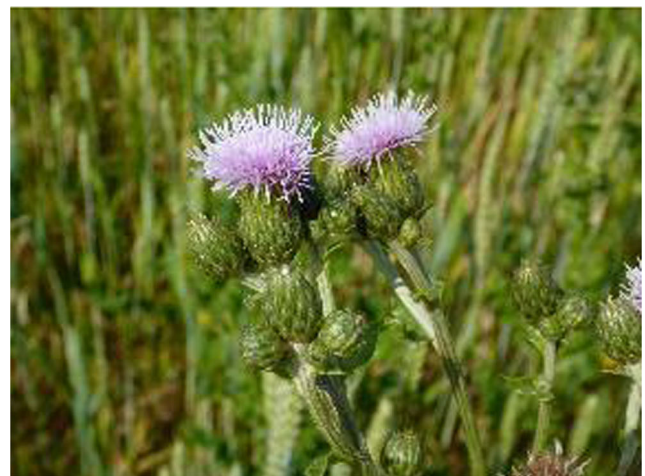


Fig. 1 Overview of the development of a *C. arvensis* patch in a spring pea (*Pisum sativum*) field (a), achieved by sexual reproduction through flowering and seed production (b) and vegetative multiplication through the development of new aerial shoots from axillary buds on a creeping horizontal root (c). (© E. Favrelière, Agro-Transfert Ressources et Territoires)

these reasons, there is a need for studies on alternative control methods of *C. arvensis* to minimize the use of herbicides.

This review describes existing methods of nonchemical control of *C. arvensis* in connection with biological processes

involved in its development. The side effects of these practices are discussed, and the lack of knowledge is highlighted.

2 *C. arvense* biology and implications for its control

2.1 Perennial weed characteristics: the importance of the knowledge of their biology in their control

Perennial weeds are characterized by their capacity to spread both by seed production, such as annual weeds, and by vegetative propagation (Håkansson 2003). Vegetative propagation is facilitated by specific root structures (rhizomes, stolons, creeping roots, etc.) that allow perennial weeds to store nutritive elements and remain alive for several years (Rogers 1928; Håkansson 2003). Vegetative propagation occurs spontaneously by clone development from vegetative buds located on root structures. Most of the buds are maintained in paradormancy through apical dominance (Borochoy et al. 1997).

Vegetative propagation can also be induced by root structure fragmentation caused by cropping practices (cultivation, tillage, etc.). Root structure fragmentation leads to the end of apical dominance and enables new clones to be produced. This phenomenon is called regeneration ability (Håkansson 1982, 2003; Dock Gustavsson 1997). Due to vegetative propagation, mechanical weeding, as practiced on annual weeds, is not effective in the control of perennial weeds (Melander et al. 2012).

2.2 Biological particularities of *C. arvense*

2.2.1 Development cycle of *C. arvense* and the importance of vegetative propagation

C. arvense is a dioecious plant belonging to the Asteraceae family, requiring mating between male and female flowers (Hodgson 1968; Lalonde and Roitberg 1994). Seeds are generally produced by the female flowers, but some cases of low seed production by male flowers have been reported (Heimann and Cussans 1996). *C. arvense* plants developed from one seed are not able to produce seeds if they are isolated in a field (Sagar and Rawson 1964; Heimann and Cussans 1996).

Seed production by *C. arvense* is generally reported to be sizeable (Rogers 1928; Gruber and Claupein 2009), but Donald (1990) observed that it can be limited. This difference can be linked to phenotypic plasticity among *C. arvense* populations (Heimann and Cussans 1996). Seed quantity can vary with the sex ratio (Lalonde and Roitberg 1994; Heimann and Cussans 1996). As most of the seeds are able to germinate immediately (Hodgson 1968; Heimann

and Cussans 1996), the development of new patches in a field through seeds would be a usual phenomenon (Hettwer and Gerowitt 2004), even if seedling establishment is slow due to their low competitiveness compared with that of other species (Heimann and Cussans 1996). Sexual reproduction is important for *C. arvense* genetic diversity (Heimann and Cussans 1996; Tiley 2010), which favors its adaptation to environmental conditions and its competitive ability (Nadeau and Vanden Born 1989; Bommarco et al. 2010; Nobarinezhad et al. 2020). Seed production also allows the introduction of *C. arvense* in new spaces through the light plumes attached to the achenes, which allow seeds to be transported by the wind (Moore 1975; Tiley 2010). However, a small number of seeds can travel a substantial distance, with 9.9% and 0.2% of the plumes still attached to an achene at distances of 10 m and 1 km, respectively (Bakker 1960; Tiley 2010). *C. arvense* spread in a field is mainly due to vegetative propagation (see Fig. 1) (Heimann and Cussans 1996; Tiley 2010). Plants coming from rhizome fragments grow faster than those developing from seeds (Strobach et al. 2008 in Tiley 2010).

Vegetative propagation is possible because of specific organs that permit *C. arvense* expansion and the storage of nutritive resources. *C. arvense* has deep vertical roots, mainly located below the top 20 cm of the soil (Nadeau and Vanden Born 1989) that have been found as deep as 6.75 m (Rogers 1928), and creeping horizontal roots that present axillary buds able to develop new aerial shoots (Fig. 1) (McAllister and Haderlie 1985; Tiley 2010). Aerial shoots can develop from any part of the horizontal roots (Tiley 2010). Nutritive resources are stored in both the horizontal and vertical roots (Rogers 1928) but preferentially in the vertical roots (McAllister and Haderlie 1985).

C. arvense seedlings are able to form new plants from root fragments from the two-leaf stage of *C. arvense* (Wilson 1979). This regeneration ability permits the survival and production of new *C. arvense* shoots even if aerial parts are cut (Håkansson 1982). Root fragments of *C. arvense* can produce new plants from a size of 10 mm (Hamdoun 1972) or even 3–6 mm (Hayden 1934), possibly depending on genetic differences between populations. The depth of burial has little influence on regeneration ability since root fragments are able to regenerate at a depth of 1.80 m (Nadeau and Vanden Born 1989; Thomsen et al. 2014).

2.2.2 Dynamics of *C. arvense* root reserves during the year

To control perennial weeds, knowledge of the storage process of carbohydrates is necessary (Rodriguez et al. 2007; Nkurunziza and Streibig 2011) because it influences the optimum period for interventions (Brandsæter et al. 2010; Nkurunziza and Streibig 2011).

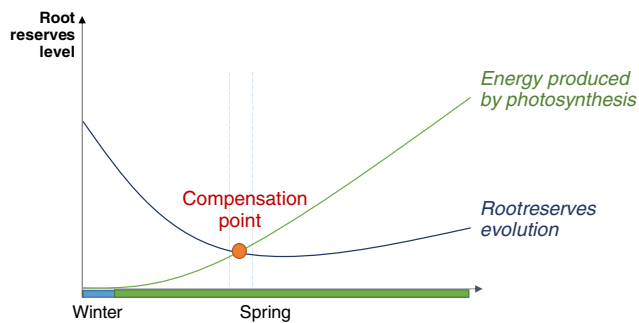


Fig. 2 Compensation point. The compensation point is reached when the energy produced by photosynthesis becomes sufficient to fulfill plant requirements for respiration and shoot growth. After this stage, *C. arvense* plants develop without mobilizing root reserves

In early spring, *C. arvense* uses carbohydrates stored in its root reserves as an energy source to produce new aerial shoots (McAllister and Haderlie 1985). After several weeks of growth, photoassimilation by aerial shoots becomes sufficient to fulfill plant requirements for respiration and shoot growth. This stage is called the compensation point (Fig. 2) (Håkansson 2003; Nkurunziza and Streibig 2011). It is important to know the compensation point because *C. arvense* root reserves are low at this stage and immediately afterwards. Once *C. arvense* reaches the compensation point, carbohydrate availability increases due to photosynthesis, and *C. arvense* shoot development accelerates (Håkansson 2003).

The compensation point of *C. arvense* is reached between the three-leaf and ten-leaf stages: the seven-to-ten-leaf stage has been identified by Dock Gustavsson (1997), the four-to-seven-leaf stage by Håkansson (2003), the eight-leaf stage by Nkurunziza and Streibig (2011), and the three-to-four-leaf stage by Verwijst et al. (2018). This stage could vary with numerous factors, particularly with root fragment size: longer and heavier root fragments can regrow earlier and faster (Dock Gustavsson 1997; Verwijst et al. 2018). The time necessary to reach the compensation point is also influenced by the root burial depth (Dock Gustavsson 1997).

The use of root reserves is required again later in the spring to allow flowering and seed production (Bakker 1960; Hodgson 1968). Carbohydrates in the rhizome are at their lowest levels with the appearance of flower buds (Hodgson 1968; Moore 1975; Tworkoski 1992; Rodriguez et al. 2007). After this stage, *C. arvense* starts to gradually refill its root reserves (Welton et al. 1929). Photoassimilate migration to the roots is stimulated by shorter photoperiods and a decrease in temperature (Otzen and Koridon 1970; Tworkoski 1992; Nkurunziza and Streibig 2011). Stored carbohydrates reach a maximum in late summer/early fall (McAllister and Haderlie 1985). *C. arvense* then enters dormancy as a result of low temperatures (Tworkoski 1992; Nkurunziza and Streibig 2011). Figure 3, which has been created for this review, summarizes all the data on the evolution of *C. arvense* root reserves during the year.

Photosynthesis by *C. arvense* ceases during winter dormancy (Otzen and Koridon 1970; Nkurunziza 2010). However, the existence of winter dormancy has been contested since a minor effect of a decrease in temperature has sometimes been observed with a decreasing photoperiod (Liew et al. 2012), and root bud activity has been shown in late fall and winter (McAllister and Haderlie 1985). The reserves accumulated during this period determine the level of reserves available in late winter for the development of new shoots. The level of carbohydrates stored in the roots could fluctuate with annual climatic variations (Otzen and Koridon 1970). As a consequence of seasonal variations in *C. arvense* root reserves, *C. arvense* control is more efficient during early spring and after the start of flowering when root reserves are low (Welton et al. 1929).

3 Nonchemical control methods of *C. arvense* based on biological processes

3.1 Limitation of *C. arvense* dispersal

3.1.1 Limitation of seed dispersal

Seed dispersal is able to introduce *C. arvense* to new places and promote the genetic adaptation of *C. arvense* populations (Heimann and Cussans 1996), making the limitation of seed dispersal essential.

One method is the manual cutting of *C. arvense* inflorescences (Rogers 1928; Tiley 2010). Mechanical cutting of inflorescences can also be performed with a weed cutter if *C. arvense* plants are taller than the crop (Bond and Grundy 2001). This method allows *C. arvense* propagation in a contaminated field to be limited. However, the contribution of field-margin populations to *C. arvense* field invasion is small (Blumenthal and Jordan 2001).

It is also important to clean the threshing machine because weed seeds can be dispersed over great distances to adjacent harvested fields (Detmers 1927; Rogers 1928; Donald 1990). As home-saved crop seeds can be contaminated with *C. arvense*, certified or sorted crop seeds are used for a long time to limit its propagation (Rogers 1928; Hodgson 1968; Bond and Grundy 2001).

As weed seeds can also be present in forage, seeds ingested by cattle can be introduced to fields through manure (Rogers 1928). A few seeds of *C. arvense* are resistant to ingestion by horses, cows (0.5%), and goats (5%) (Detmers 1927; Tiley 2010). Composting manures can limit the germination capacity of seeds, but the compost process efficacy depends on its management: the fermentation period has to be at least 1 week long with temperatures maintained at 60 °C throughout the compost (Christoffoleti et al. 2007).

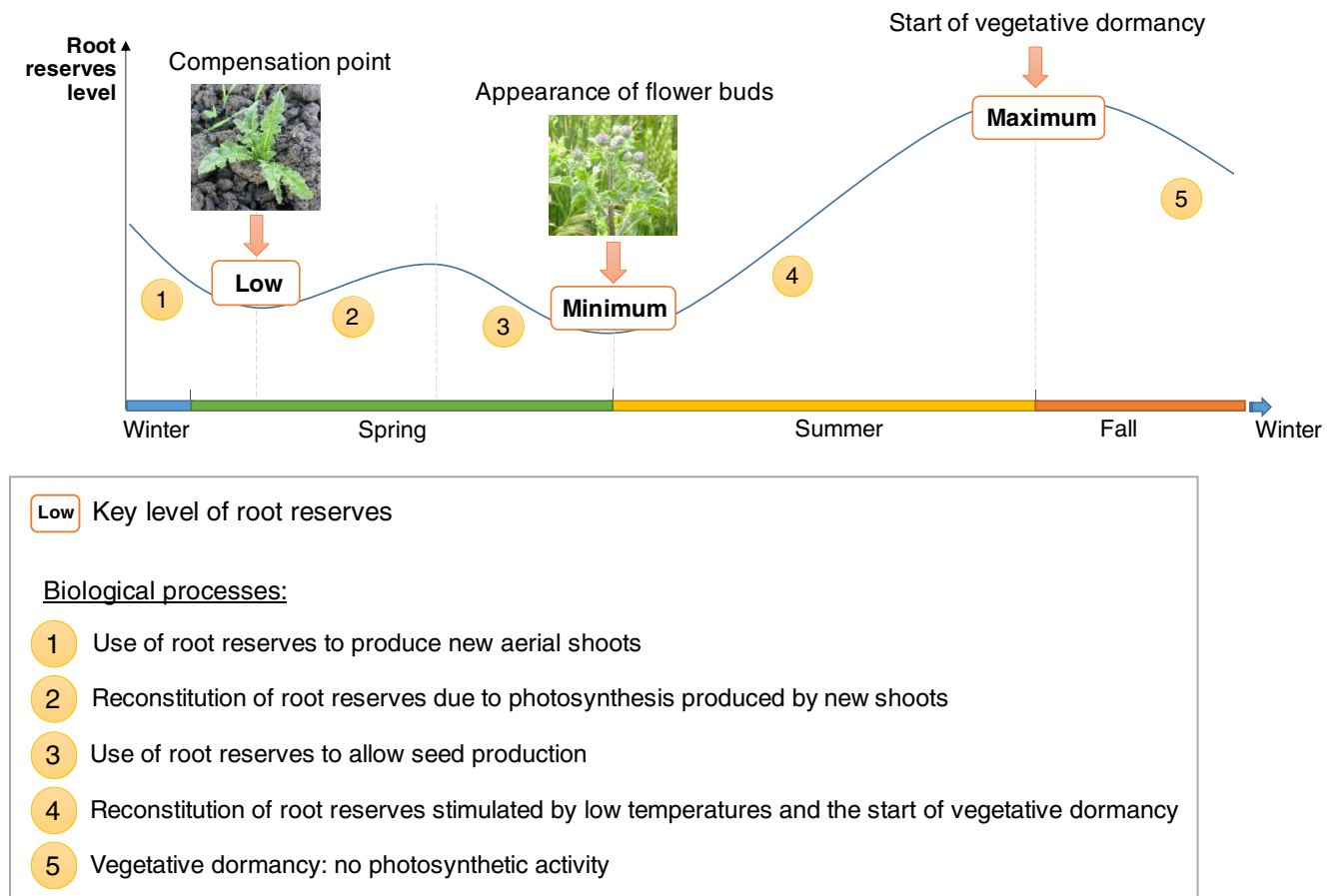


Fig. 3 Conceptual model of the evolution of root reserves of *C. arvensis* during the year. In early spring, root reserves decrease until *C. arvensis* plants reach the compensation point. *C. arvensis* plants then become self-sufficient through photoassimilation of aerial shoots. Later in the spring,

root reserves decrease again to allow seed production. From the appearance of *C. arvensis* flower buds, root reserves start to increase greatly to reach a maximum regeneration of *C. arvensis* root reserves before the start of vegetative dormancy

3.1.2 Limitation of root fragment dispersion

Creeping root fragments of *C. arvensis* can remain stuck to the wheels of farm machinery or to tools, which can introduce the root fragments to other fields (Bond and Grundy 2001). Christoffoleti et al. (2007) underline the importance of cleaning machinery after use in contaminated fields.

3.2 Use of mechanical interventions to weaken the root reserves of *C. arvensis*

3.2.1 Principles of weakening root reserves

To gradually weaken root reserves and limit the regrowth capacity of *C. arvensis*, the aerial parts of *C. arvensis* can be repeatedly destroyed. After each destruction, *C. arvensis* shoots use the carbohydrates located in the root reserves to initiate shoot regrowth and photosynthesis activity. To achieve efficient control of *C. arvensis*, destruction of aerial parts must be carried out every 500–600 degree days (Nkurunziza and Streibig 2011). It is important to schedule

the period between two interventions in accordance with the stage of *C. arvensis* at the compensation point (see Fig. 3). The goal is to allow *C. arvensis* regrowth and carbohydrate use but to not allow root reserves to build up again (Liebman 2001; Andersson et al. 2013).

Various cultural practices can be used to achieve *C. arvensis* exhaustion. Aerial parts can be destroyed by repeated mowing or hoeing. To increase weakening efficacy, repeated cultivations can also be performed. Cultivations induce root fragmentation, which produces a break in apical dormancy and new sprouting from every root fragment with a minimum size of 3–10 mm (see Section 2.2). Carbohydrates are used for each shoot regrowth, so the more roots that are fragmented, the more carbohydrates are used. To ensure the efficacy of the control method using cultivations, root fragments and new shoots must be destroyed by following cultivation or desiccation. Otherwise, this can lead to a high multiplication of *C. arvensis*.

These practices can be implemented at different times of the year—in spring when root reserves are low or in late summer when large quantities of photoassimilates are transported

to root reserves—but these practices are more efficient when root reserves are low.

3.2.2 Mowing and hoeing

Repeated mowing and hoeing are known to stimulate the regrowth of aerial parts (Graglia et al. 2006; Brandsæter et al. 2012). Selective mowing was tested in recent studies at the eight-to-ten-leaf stage (Verwijst et al. 2017) and ten-leaf stage (Tavaziva et al. 2019) of *C. arvense*, in which significant decreases of 60% and 88% in *C. arvense* density, respectively, were achieved with this practice. Significant decreases have also been observed in seed production (Verwijst et al. 2018), aboveground dry weight and dry weight per shoot (Tavaziva et al. 2019). However, most of the time, repeated mowing is not sufficient to control *C. arvense* on its own. Six mowings of a barley crop, performed at the three-to-six-leaf stage of *C. arvense* for 3 years, achieved a nonsignificant decrease in *C. arvense* biomass (Graglia et al. 2006). In contrast, repeated mowing of competitive crops, such as alfalfa, is effective (see Section 3.3). A slight but significant added effect of planting a cover crop in addition to repeated mowing has been observed, resulting in a 69% decrease in *C. arvense* aerial biomass (Graglia et al. 2006). Cripps et al. (2020) observed a genetic variation in tolerance to defoliation, with overcompensation of some genotypes by the increase in shoot biomass, shoot density, or height. This could explain the low efficiency sometimes observed for repeated mowing.

Stimulation of the regrowth of aerial parts can also be achieved by repeated hoeing. Only a few studies have tested this practice to control *C. arvense*. A nonsignificant decrease of 73% and 43% in *C. arvense* biomass has been observed after five and six successive hoeings, respectively, performed during the spring in barley grown at 24 cm row spacing (Graglia et al. 2006). In another trial, three successive hoeings were found to induce a nonsignificant reduction in root reserve level (Rodriguez et al. 2007). The limited impact on root reserves could explain the weak and short-term control provided by repeated hoeing.

Destruction of aerial parts seems to allow only limited control of *C. arvense*. Nonetheless, this practice could be mobilized in a global control strategy, combining several practices using various biological processes.

3.2.3 Stubble cultivation

Repeated stubble cultivation is a well-known control method that has been studied for many years. Root fragmentation in late summer is a major practice used to control *C. arvense* because this can be undertaken after the cereal harvest, even though the optimal intervention period is in late spring (Hodgson 1958; Derscheid et al. 1961). A minimum of three cultivations should be implemented to achieve satisfactory

efficacy (Lukashyk et al. 2007; Brandsæter et al. 2012). The most commonly used implement is the duckfoot cultivator (Verschwele and Häusler 2004). Recent studies have compared implements, for example, with some strategies, including the moldboard plow or S-tine harrow. The results of known studies are presented in Table 1.

The most important factors in controlling *C. arvense* appear to be the number and timing of the stubble cultivations. Numerous cultivations carried out from late spring to late summer, which is one type of “bare fallow” practice, can suppress *C. arvense* in 1 or 2 years (Derscheid et al. 1961; Hodgson 1970; Thomsen et al. 2015). This practice is not easy to carry out because it is an expensive method: a year without crops is required, and the numerous cultivations involve large fuel consumption and extensive working time (Melander et al. 2016). This can explain why this practice is mainly used in old experimental trials. In the only recent trial, which tested bare fallow conditions with repeated cultivations, a PTO-driven rotary cultivator was used to shorten the bare fallow duration (see Section 3.4) (Lötjönen 2017).

Cultivations implemented later in the summer, after the harvest of arable crops, can also provide significant control of *C. arvense*, with three to four cultivations during two consecutive intercrops. With 2–3 cultivations, Melander et al. (2012) observed lower reductions in *C. arvense* densities (see Table 1).

Various implements have been tested, but few differences in the outcomes have been observed. This could be because all the implements tested are effective because previous experiments have provided knowledge about the conditions required for the implements to be efficient (Cox 1913; Detmers 1927). A cultivation depth of between 5 and 15 cm also seems to make little difference on *C. arvense* control (see Table 1) (Melander et al. 2012; Thomsen et al. 2014). However, the increase in the depth of stubble cultivations could cause annual weed seeds to rise to the soil surface. For that reason, cultivation depth has to be chosen depending on the usual tillage depth of farmers: the cultivation depth can be the same or less than the usual tillage depth, even if tillage is made at a low depth (i.e., 4–5 cm).

Soil type can affect the distribution and diameter of *C. arvense* roots, as reported by Rogers (1928). Cultivations are more effective in sandy and light soils (Brandsæter et al. 2017) because most of the roots here are located in the upper soil layers. The roots are also thinner in these soils, which means that less carbohydrate is stored (Rogers 1928).

Another possible factor in the variation is the ecotype of *C. arvense*. Efficacy differences between several ecotypes have been observed by Hodgson (1970). Most *C. arvense* patches were suppressed after one season with intensive cultivations, but some patches were still present with a density of 32% of their initial density. To build a sustainable cropping system with lasting control of *C. arvense*, greater knowledge about

Table 1 Efficacy of repeated stubble cultivation depending on trial duration, number of cultivations, time of cultivations, implements used, and cultivation depth

Tested method	Trial duration	Number of cultivations	Time of cultivations	Interval between cultivations	Implements	Cultivation depth	Soil texture	Impacts on <i>C. arvense</i>	Sources
Repeated stubble cultivations	2 years	Year 1: 7 Year 2: 3	Year 1: June to September Year 2: June to mid-July	2–3 weeks	Duckfoot cultivator	Unknown	Silt loam	<i>C. arvense</i> density: 100% significant decrease at the end of the trial	Hodgson 1970
Repeated stubble cultivations, associated with plowing	1 year	3	August–September	Unknown	1 shallow plowing, 2 cultivations with an S-tine harrow immediately after plowing	Shallow plowing: 12 cm	Sandy loam	<i>C. arvense</i> biomass: 76% significant decrease in year 2	Brandseger et al. 2012
	2 years	Each year: 2–3	August to September	1st two passes: carried out on the same day Interval between the 2nd and the 3rd passes: 3 weeks	Comparison of several combinations of stubble cultivations with various stubble cultivation implements, ending with spring or autumn plowing Cultivation implements: - S-tine harrow with goosefoot shares - disc harrow - rotary cultivator with straight tines - PTO-driven rotary cultivator with “L”-shaped blades - PTO-driven rotary cultivator with angled straight blades Last pass (November or following spring): moldboard plowing Treatments repeated each year Repeated each year: 3–4 passes of an S-tine harrow with goosefoot shares, associated with 1 plowing in spring or fall	1st pass: 4–5 cm 2nd to 3rd passes: 10–17 cm	Sand	<i>C. arvense</i> biomass: 76.8% significant decrease at the end of the trial No significant differences between combinations of stubble cultivations No significant differences between spring plowing and fall plowing strategies	Melander et al. 2012
Repeated stubble cultivations	2 years	Year 1: 4 Year 2: 3	Mid-August to mid-October	2 weeks (at the 2–5-leaf stage of <i>C. arvense</i>)	Repeated each year: 3–4 passes of an S-tine harrow with goosefoot shares, associated with 1 plowing in spring or fall	1st pass: 4–5 cm Next passes: 10 cm	Sandy loam	<i>C. arvense</i> biomass: 92% significant decrease at the end of the trial	Melander et al. 2012
	2 years	Year 1: 4 Year 2: 3	Mid-August to mid-October	2 weeks (at the 2–5-leaf stage of <i>C. arvense</i>)	Repeated each year: 3–4 passes of a duckfoot cultivator with winged shares mounted with tines, associated with 1 plowing in spring or fall	1st pass: 4–5 cm Next passes: 15 cm	Sandy loam	<i>C. arvense</i> biomass: 92% significant decrease at the end of the trial	Melander et al. 2012
Repeated stubble cultivations	2 years	Year 1: 4 Year 2: 3	Mid-August to mid-October	2 weeks (at the 2–5-leaf stage of <i>C. arvense</i>)	Repeated each year: 3–4 passes of a duckfoot cultivator with winged shares mounted with tines, associated with 1 plowing in spring or fall	1st pass: 4–5 cm Next passes: 15 cm	Sandy loam	<i>C. arvense</i> biomass: 86% significant decrease at the end of the trial	Melander et al. 2012

variations in efficacy between *C. arvense* ecotypes and the duration of the beneficial impacts of repeated cultivations is essential.

3.2.4 Plowing

Plowing is an essential practice in *C. arvense* control, which has shown many significant results (for example, Pekrun and Claupein 2004; Melander et al. 2012). Melander et al. (2012) compared fall moldboard plowing (November) to spring moldboard plowing (March) and observed a nonsignificant greater efficacy for spring plowing in sandy soil. This difference was no longer seen when plowing was associated with repeated summer cultivations. Brandsæter et al. (2017) also showed a better reduction in *C. arvense* dry matter with late spring moldboard plowing (late April–May) than with fall plowing (October–November) in sandy loam and clay loam soils. Differences in efficacy between spring plowing and repeated cultivations between the two trials could be due to variations in the periods of spring plowing. Late plowing would be more efficient than early spring plowing, probably due to the greater sensitivity of *C. arvense* in late spring (see Section 2.2 and Table 1). The efficacy of spring plowing can also be increased by the highly competitive ability of spring crops, observed when spring crops are sown quickly after plowing, which can induce delayed emergence of *C. arvense* shoots (Thomsen et al. 2014).

Two trials experimented with a double-layer plowing that “combines a shallow inversion of the topsoil with a noninversive soil loosening of the subsoil by a goosefoot-shaped chisel, thus the natural soil stratification of the subsoil is maintained” (Gruber and Claupein 2009). Jasinskaite et al. (2009) observed an additional 25–34% significant decrease in *C. arvense* density with double-layer plowing compared with that of moldboard plowing. Both plowings were performed at a 20-cm depth. Gruber and Claupein (2009) found that double-layer plowing at a 25-cm depth reduces *C. arvense* biomass significantly more than shallow plowing at a 15-cm depth but had similar results to deep plowing (25 cm).

Deep ripping can be used by farmers to fragment *C. arvense* roots at a great depth, but no scientific data have been found with regard to the effect of deep ripping on the control of *C. arvense* or similar weeds.

3.3 Effect of competition with cultivated species

3.3.1 Principles of competition for *C. arvense* control

Competition for light limits the photosynthetic capacity of weeds and their development. There are different ways to limit *C. arvense* development and harmfulness: seeding of crops with significant soil cover, tall crops, and reduced row spacing. Competition for water and nutrients is linked to the

characteristics of the root systems. *C. arvense* has a deep root system, which can reach a depth of 2 to 6.75 m (Rogers 1928; Hayden 1934; Moore 1975). This specificity gives it a competitive advantage over most cultivated species. The seeding of species with a deep root system can promote competition with *C. arvense*, as these crops can take up nutrients and water at a great depth where only *C. arvense* roots are present (Nadeau and Vanden Born 1989). Several cultural practices make use of these two types of competition on a different timescale, pluriannual or annual, during the cropping or intercropping period.

3.3.2 Competitive pluriannual crops: alfalfa and temporary grasslands

The main pluriannual crops used to control *C. arvense* are mown alfalfa (*Medicago sativa*) and temporary grasslands (Ominski et al. 1999; Verschwele and Häusler 2004; Melander et al. 2016). These crops combine the effects of (i) competition for light, through significant soil cover developing earlier than *C. arvense* in spring (Hodgson 1958) and regrowing quickly after mowing, and (ii) competition for access to water and nutrients through its deep root system (Rogers 1928). Moreover, mowing stimulates *C. arvense* regrowth, which leads to the mobilization of carbohydrates from its root reserves (Hodgson 1958). In comparison, in alfalfa grown for seed production, which is not mown, *C. arvense* is a troublesome weed (Mesbah and Miller 2005).

Mown alfalfa allows significant control of *C. arvense* (Hodgson 1958; Derscheid et al. 1961; Schreiber 1967; Ominski et al. 1999; Meiss et al. 2010). A significant efficacy of approximately 99% has been observed for 3-year alfalfa, mown twice a year, in a dry continental climate (Hodgson 1958). Similar results have been obtained for 4-year alfalfa, mown two to four times per year, in a humid continental climate (Schreiber 1967) and for 2-year temporary grasslands, mown twice, in an oceanic climate (Lukashyk et al. 2007). Based on these results, mown alfalfa efficacy does not appear to vary greatly with climate. Some studies—based on surveys—have determined that *C. arvense* control is enhanced in cropping systems that include 2- to 6-year-old alfalfa (Ominski et al. 1999; Meiss et al. 2010).

In arable crop rotations, the inclusion of forage crops can be difficult for farmers if there is no outlet for the production (Melander et al. 2016). More precise knowledge of the benefits of forage crops for *C. arvense* control could help determine the level of *C. arvense* infestation from which the introduction of pluriannual forage crops is beneficial even if these crops are considered cover crops.

The introduction of pluriannual forage crops is particularly beneficial, as no additional specific intervention is necessary since repeated mowing is needed to harvest alfalfa and temporary grasslands. Moreover, these cropping practices have a

positive impact on soil fertility (Fernandez et al. 2017; Jarvis et al. 2017) unlike other nonchemical control practices, especially mechanical interventions (Thomsen et al. 2015; Melander et al. 2016).

3.3.3 Competitive annual crops and cover crops to control *C. arvense*

A few studies have focused on *C. arvense* control by competition with annual crops. *C. arvense* spreads in arable crops, particularly in crop rotations with a high proportion of cereals (Verschwele and Häusler 2004). Hodgson (1958) observed that spring wheat is not effective on its own at controlling *C. arvense*. Verschwele and Häusler (2004) highlighted that a high proportion of cereals and/or summer annual crops is present in the crop rotation of fields where *C. arvense* is problematic. Rasmussen (2011) noticed a slight nonsignificant and short-term beneficial effect of fiber hemp on *C. arvense* control due to its high competitive ability: no *C. arvense* was observed in the fall after the hemp harvest, but *C. arvense* plants reappeared in the next crop—spring barley—at similar densities to that of fields with a different previous crop. Some studies have also tested the effect on *C. arvense* development of a 1-year fallow, based on grasses and leguminous mixtures. Graglia et al. (2006) reported a 69% significant decrease in *C. arvense* biomass after a 16-month fallow, composed of white clover (*Trifolium repens*) and grass mixture. Thomsen et al. (2015) observed a 92% significant decrease in *C. arvense* biomass after a 16-month fallow, composed of timothy (*Phleum pratense*, 12.5 kg ha⁻¹), meadow fescue (*Festuca pratensis*, 7.5 kg ha⁻¹), red clover (*Trifolium arvense*, 3.75 kg ha⁻¹), and white clover (*Trifolium repens*, 1.25 kg ha⁻¹). Fertilization can favor crop growth and help the crop compete more effectively with *C. arvense* or, conversely, favor *C. arvense* development. Contradictory results have been observed: McIntyre and Hunter (1975) and Mamolos and Kalburtji (2001) found a positive significant effect of N fertilization on the competitive ability and development of *C. arvense*, while Melander et al. (2016) observed no impact of manure application on *C. arvense*. There have been more studies on the use of cover crops in *C. arvense* control. In several publications, cover crops are mown, making it hard to distinguish between the effect of cover crop competition and the effect of mowing. Moreover, it is necessary to separate allelopathic effects and physical inhibition by mulch. The results of known studies are presented in Table 2, which specifies the practices tested.

Most decreases in *C. arvense* have been observed for cover crops, including sudangrass (Bicksler and Masiunas 2009; Wedryk and Cardina 2012). Sudangrass can reach a substantial height of up to 3 m (Ngouajio et al. 2003 in Bicksler and

Masiunas 2009), much higher than *C. arvense*, which may explain its ability to compete with *C. arvense*. Cover crops with rapid development and a great ability for soil covering reduce *C. arvense* production of photoassimilates (Bicksler and Masiunas 2009; Wedryk and Cardina 2012). In contrast, buckwheat has a quick but short growth that induces the poor competitive ability this cover crop over *C. arvense*. Moreover, Eskelsen and Crabtree (1995) showed that there is only competition for light between *C. arvense* and buckwheat and no competition for access to water and nutrients because the species do not use the same resources.

The main decreases in *C. arvense* have been obtained for sowing dates in late spring (May or June, Bicksler and Masiunas 2009; Wedryk and Cardina 2012) when root reserves of *C. arvense* are low. Cover crops with summer development are generally more competitive (Teasdale et al. 2007; Bicksler and Masiunas 2009) because they reach their maximal growth at a period of low root reserves of *C. arvense* and prevent root reserves from being rebuilt.

The combination of planting competitive cover crops and repeated mowing can achieve better *C. arvense* control, but the species used have to be well adapted to repeated mowing, such as sudangrass, in contrast to buckwheat (Bicksler and Masiunas 2009). However, an additional effect due to mowing is not always observed despite important regrowth of the mown cover crop. Mowing and planting a cover crop show beneficial effects separately, but the effect of their combination is variable, which remains unexplained by Bicksler and Masiunas (2009). Tillage interventions previously applied to cover crop sowing could also impact *C. arvense* development, and cover crop destruction has an impact on *C. arvense* control because it is destroyed at the same time as the cover crop (Patriquin 1988 in Liebman and Dyck 1993).

Competition with cultivated species does not allow total control of *C. arvense* to be achieved. The main limit of this practice is that its efficacy does not last. When observations have continued for at least 1 year after crop or cover crop destruction, rapid and large increases in *C. arvense* have been observed. In some studies that compared the effect of competitive and noncompetitive crops on *C. arvense*, similar densities were noticed in all modalities 1 year after the end of the trial (Bicksler and Masiunas 2009; Rasmussen 2011). However, this practice can be combined, at the cropping system level, with mechanical interventions to improve *C. arvense* control. Combinations of competitive crops and cultural practices can achieve greater reductions in *C. arvense*: “The combined actions of green manure, deep burial and short roots therefore reduced the growth of *C. arvense* by 95–100%, compared to 83–92% reduction by use of green manure alone, 26–37% by short roots alone, and 13–33% reduction by deep burial of roots alone.” (Thomsen et al. 2011).

Table 2 Efficacy of cover crop competition at controlling *C. arvense* by cover crop species, sowing modalities, number of mowing, and cover crop duration. Italicized data, beneficial effect; bold data, negative effect

Cover crop species and their sowing rates	Previous crop and sowing modalities	Number of mowings	Cover crop duration	Impact of various sowing dates on <i>C. arvense</i> biomass	Impact of cover crops on <i>C. arvense</i> density and/or biomass	Sources
- Red clover (<i>Trifolium arvense</i>): 7–9 kg ha ⁻¹	Sown in late April - early May	0	3 months	–	<i>C. arvense</i> density and biomass: no significant effect	Brandsæter et al. 2012
- Spring oats: 200 kg ha ⁻¹						
- Oat (<i>Avena sativa</i>): 54 kg ha ⁻¹	Sown after a red clover	0	2.5 months	Significant 52–61% decrease in <i>C. arvense</i> biomass with middle and late sowing dates, in comparison with early sowing date	–	Wedryk and Cardina 2012
- Field pea (<i>Pisum sativum</i>): 54 kg ha ⁻¹	Test of 3 sowing dates: mid-May/late May/early June					
- Indian mustard (<i>Brassica juncea</i>): 6 kg ha ⁻¹						
- Tef (<i>Eragrostis tef</i>): 27 kg ha ⁻¹	Sown after a red clover	0	3–3.5 months	Significant 52–61% decrease with middle and late sowing dates, in comparison with early sowing date	–	Wedryk and Cardina 2012
- Burr medic (<i>Medicago polymorpha</i>): 8 kg ha ⁻¹	Test of 3 sowing dates: mid-May/late May/early June					
- Buckwheat (<i>Fagopyrum esculentum</i>): 25 kg ha ⁻¹						
Buckwheat (<i>Fagopyrum esculentum</i>): 101 kg ha ⁻¹	Sown after temporary grassland or alfalfa destruction, in early June	Test of 3 modalities: 0/1/2	4 months	–	<i>C. arvense</i> density and biomass: no significant decrease	Bicksler and Masiunas 2009
Sudangrass (<i>Sorghum sudanense</i>): 62 kg ha ⁻¹	Sown after temporary grassland or alfalfa destruction, in early June	Test of 3 modalities: 0/1/2	4 months	–	<i>C. arvense</i> density: significant 90–95% decrease 1 year after the beginning of the trial. No more effect 15 months after the beginning of the trial. <i>C. arvense</i> dry weight per shoot: large decrease (40–60%)	Bicksler and Masiunas 2009
- Sudangrass (<i>Sorghum sudanense</i>): 43 kg ha ⁻¹	Sown after temporary grassland or alfalfa	Test of 3 modalities: 0/1/2	4 months	–	<i>C. arvense</i> density: significant 90–95% decrease 1 year after the beginning of the trial. No more effect 15 months after the beginning of the trial. <i>C. arvense</i> dry weight per shoot: - Trial 1: 200% increase - Trial 2: large decrease	Bicksler and Masiunas 2009
- Cowpea (<i>Vigna unguiculata</i>): 20 kg ha ⁻¹	destruction, in early June					
- Sudangrass (<i>Sorghum sudanense</i>) - Sorghum (<i>Sorghum bicolor</i>) mixture: 25 kg ha ⁻¹	Sown after a red clover grassland	0	3.5 months	Significant 52–61% decrease with the middle and late sowing dates in comparison with that of the early sowing date	<i>C. arvense</i> biomass: significant effect of the cover crop	Wedryk and Cardina 2012
- Inoculated soybean (<i>Glycine max</i>): 20 kg ha ⁻¹	Test of 3 sowing dates: mid-May/late May/early June					
- Sunflower (<i>Helianthus annuus</i>): 3 kg ha ⁻¹						

3.4 Effect of root extraction on *C. arvensis*

3.4.1 Principles of root extraction

Root extraction consists of the long-piece fragmentation and extraction of weed roots performed in dry and/or frozen weather conditions. Extracted roots can be left on the soil surface, exposed to direct sunlight or to desiccating winds to achieve their desiccation (Lötjönen and Vihonen 2014), or removed from the field. Specific implements have been developed to extract root fragments from the soil, including winged or goosefoot shares followed by a power take-off (PTO)-driven rotary cultivator (Lötjönen 2017). As a result of the passage of a PTO-driven rotary cultivator, soil and root fragments are thrown. As the root fragments are lighter than soil, they fall later and are placed on the soil surface, where they can desiccate or be picked up (Lötjönen and Vihonen 2014). The PTO-driven rotary cultivator gives the best results in light soils with low soil moisture. If these conditions are not met, root fragments may remain below the soil surface and can contribute to *C. arvensis* multiplication.

3.4.2 Methods using root extraction for *C. arvensis* control

Only a few studies deal with *C. arvensis* root extraction. Brandsæter et al. (2012) observed that rotary tillage (by a Feraboli rotavator) carried out 10 to 14 days after wheat harvest in late summer achieved a significant decrease in *C. arvensis* density of approximately 65–70%, measured only in the following year, in both years of the experiment. Similar results were obtained in the same experiment with shallow plowing plus passes of an S-tine harrow (see Table 1). The *C. arvensis* regrowth that was observed never reached the compensation point following the mechanical interventions.

The use of the Kwick-Finn cultivator, which is an implement specifically created for root extraction, has also been tested by Lötjönen (2017). Only 3% of *C. arvensis* remained alive after three passes of a Kwick-Finn cultivator in May and June followed by sowing of a cover crop. Similar results have been obtained after repeated stubble cultivations throughout the summer (see Table 1) (Brandsæter et al. 2012; Melander et al. 2012). The use of specific implements could allow bare fallow strategies, which provide great control of *C. arvensis*, to be for shorter periods, but they have strong negative environmental and economic impacts. This practice could be carried out before sowing a summer crop to avoid suppressing the crop and to limit the economic impact.

According to the results of the experiments, root extraction could improve the efficacy of repeated cultivations (Lötjönen 2017). However, the efficacy of this practice largely depends on weather conditions in the months following treatment. Root extraction must be performed in desiccating and/or frosting conditions to allow the roots to dry and avoid *C. arvensis*

regrowth (Lötjönen and Vihonen 2014). Repeated harrowing after root extraction could help prevent *C. arvensis* reimplantation to avoid its multiplication. However, this control method should not be implemented if the conditions for success are rarely met in the pedoclimatic conditions of the area.

3.5 Other methods to control *C. arvensis*

Other control methods are outlined as follows. Knowledge of these methods is limited, but they could present new possibilities for future investigations.

3.5.1 Solarization

Solarization consists of “covering the soil with a transparent plastic sheeting during the appropriate period” (Katan and DeVay 1991). This treatment is applied directly to developing weeds. A significant effect of solarization on *C. arvensis* control has been shown in two studies in Mediterranean and semi-arid climates (Candido et al. 2011; Khan et al. 2012). Similar results were observed for all tested plastic films. Candido et al. (2011) showed that solarization maintained the soil temperature between 40 and 55 °C at 10-cm depth, but at greater depths, temperatures were more variable. In Khan et al. (2012), soil temperatures reached 45 to 52 °C at 10-cm depth. It can be assumed that solarization has an impact on *C. arvensis* roots present at 10 cm; however, as no measure of the depth of *C. arvensis* roots has been carried out in these trials, it is not possible to say if solarization had an effect on deeper roots.

However, it would be necessary to test solarization in colder climates to verify whether the conditions for solarization efficiency can be achieved. In addition, solarization appears to stimulate the development of some other problematic weeds (*Amaranthus deflexus*, *Amaranthus retroflexus*, *Vicia sativa*, *Melilotus sulcatus*) (Candido et al. 2011; Khan et al. 2012), partly due to an increase in N availability (Khan et al. 2012).

3.5.2 Biological control

Biological control is the use of living agents to reduce the spread or vigor of weeds considered problematic (Blossey 2007; Lundkvist and Verwijst 2011). Many studies have been conducted on the biological control of *C. arvensis*. Pathogens have been studied more than insects for *C. arvensis* control, mainly in greenhouses (Lundkvist and Verwijst 2011; Orloff et al. 2018). According to these studies, the most effective agents on *C. arvensis* are the pests *Puccinia punctiformis* and *Sclerotinia sclerotiorum*, along with the beetle *Cassida rubiginosa* (Orloff et al. 2018). Biological control has little effect on *C. arvensis* development because the main biocontrol agents have an impact on its aerial parts, while the root

reserves of *C. arvense* allow its regrowth after its aerial parts are suppressed (Evans 1984; Tiley 2010; Cripps et al. 2011). The combined use of several biological agents, such as folivores, agents causing stem damage, and agents provoking leaf necrosis, could improve the efficacy of biological control (Tiley 2010; Abela-Hofbauerova et al. 2011). Biological control can also be combined with mechanical practices, such as repeated cutting, to improve its efficacy (Kluth et al. 2003).

Biological agents must be used carefully because they can cause significant damage to nontarget species, native species, or crops (Evans 1984; Cripps et al. 2011). Many agents used for *C. arvense* control can also cause damage to native *Cirsium* species that only produce seeds. Furthermore, studies on the agents *Cassida rubiginosa* and *Cleonus piger* have been stopped in North America due to the risk of damage to artichoke (*Cynara scolymus*) (Cripps et al. 2011). The application of biocontrol agents in agricultural conditions highlights other issues related to the management of agent populations and their interactions with the local environment. For instance, agents must have limited mobility to ensure that they remain on the host plants (Evans 1984). Additionally, when the agents are imported organisms, they must be adapted to local climate conditions (Cripps et al. 2011). A biotic resistance or a predation relationship between the introduced agents and native species can also arise (Evans 1984; Cripps et al. 2011). All these parameters make biocontrol methods difficult to develop and explain why they are not currently used for *C. arvense* control.

3.6 Combination of control practices impacting different biological processes

As current methods have only a partial effect, the development of annual or multiyear strategies combining several methods would allow *C. arvense* control to be improved. Combined methods should include various biological processes for better efficacy (Bicksler and Masiunas 2009). The main combined biological processes are crop competition and weakening of root reserves (see Section 3.3). The most studied example is mown alfalfa, associating alfalfa competition and weakening of root reserves by repeated mowing (Hodgson 1958). Another example is the realization of repeated stubble cultivations in summer, which results in the weakening of root reserves, followed by sowing of a competitive cover crop (Lukashyk et al. 2007).

A more complex combination of biological processes has recently been studied (Lötjönen 2017). The trial consisted of repeated passes of a specific implement for root extraction in late spring (May and June), followed by sowing of a cover crop. In this study, the combined processes were competition, weakening, and root extraction associated with interventions at a key stage for *C. arvense*.

However, combinations of practices do not always result in a better effect than individual practices (i.e., mown sudangrass) (Bicksler and Masiunas 2009). Further research is necessary on which processes are relevant to combine. In addition, the combinations of practices already identified are all implemented at the scale of crop management routes: there has been no study of a multiyear strategy consisting of combinations of annual practices.

4 Discussion

Knowledge of *C. arvense* biology, in particular of the dynamics of root reserves throughout the year, has provided an explanation of the observed efficacies of various control methods and suggestions concerning some general rules for the implementation of these methods, for instance, the implementation of stubble cultivations at the compensation point. However, more research on *C. arvense* biology is needed to improve its control. The knowledge of *C. arvense* population dynamics, along with the impact of pedoclimatic conditions and their variations on the growth and development of *C. arvense*, is also necessary.

The impact of diverse factors, such as *C. arvense* population ecotypes, soil types, or climate, on the efficacy of practices is not well known. In addition, there is also a lack of knowledge about the impact of the *C. arvense* density on the efficacy of the control practices, whereas the most recent patches are known to have less competitive ability on crops (Mamolos and Kalburtji 2001), and the increase in patch size over time has been shown to be predictable (Eber and Brandl 2003). Furthermore, *C. arvense* development could increase as a consequence of climate change and increased CO₂ levels (Hatcher and Froud-Williams 2017), even if Tørresen et al. (2019) reported contradictory results.

Current nonchemical *C. arvense* control in arable crops has mainly focused on its weakening by mechanical interventions (repeated cultivations to weaken the root reserves) and the introduction of mown forage crops in the rotation. Some *C. arvense* control methods are less studied, such as competition by using competitive crops and cover crops, deep cultivations, and root extraction. For these methods, studies on crop management routes are still required. Moreover, little is known about the duration of the efficacy of current *C. arvense* control methods and that of each control practice implemented over subsequent years. For practices involving a competition process, it is important to understand interactions with other cropping practices, such as fertilization or tillage interventions. For instance, fertilization could favor either the sown species, improving their competitive ability, or *C. arvense* development.

Farmers could face difficulties in implementing some *C. arvense* control methods described in this review. For

instance, in northern regions, the time available for repeated cultivations in summer can be greatly reduced by the late harvest dates of cereals. Seeds can be difficult to find when specific species are advised (Bicksler and Masiunas 2009; Wedryk and Cardina 2012). The cost of cover crop seeds can also be problematic, especially if high sowing densities are necessary. However, seeds of cover crops can be reused from bulk grain produced on farms, and EU farmers can also use specific funds from the Common Agricultural Policy for agroenvironmental measures. The cost of specific implements can also limit the practical application of some *C. arvensis* control methods, such as root extraction. Collective investment could be developed to help farmers purchase these implements, and other uses could also be developed for them. It would also be useful to know if more usual implements can achieve similar results to verify whether specific investment is truly necessary.

C. arvensis control methods can have negative environmental, social, and economic impacts (Melander et al. 2016). Repeated mechanical interventions, which are the most studied practices for *C. arvensis* control, involve high fuel consumption and greenhouse gas emissions and take up a great deal of working time for farmers (Lötjönen and Vihonen 2014). Cultivations made in the summer can disturb cover crop implantation and significantly reduce their growth if the last cultivations induce a late sowing date (Lawson et al. 2015), which could have a negative impact on cover crop services to the agrosystem. Repeated cultivations are also contradictory to no-till systems that are developing all over the world for the management of long-term soil fertility and for economic reasons. Mowing and hoeing have a less negative environmental impact but are also less effective unless they are associated with competitive crops (i.e., alfalfa). Further studies are needed to establish whether the root extraction method could reduce the high negative impacts of *C. arvensis* control. The use of competitive crops and cover crops as control methods can have a positive impact on soil fertility, in contrast to cultivations, and improve nutrient management—thus avoiding nutrient leaching (Constantin et al. 2010; Haruna and Nkongolo 2015)—but current knowledge on these practices is limited.

In summary, the direct and indirect impacts of each control method should be studied in relation to its benefits at annual and cropping system scales to limit their negative impacts and to help farmers choose the control practices best adapted to their situations. For instance, the cultivation time schedule should be given some thought depending on the following crop; cultivations should preferentially be planned during the intercrops to allow the implementation of control methods at sensitive stages of *C. arvensis*, in particular at the appearance of flower buds, in order to optimize their efficacy, and before winter crops, in order to not disturb cover crop implantation before summer crops. Furthermore, when *C. arvensis* patches

are conveniently located, *C. arvensis* control on a local scale, with spatial modulations of practices in the field, could be conceivable.

There is a lack of knowledge to enable the implementation of combinations of different control methods, on an annual or multiyear scale, across arable cropping systems. The interactive effects between control practices, as well as the interactions between biological processes, are largely unknown. Knowledge of the duration of the efficacy of the practices would be needed to plan the frequency of implementation of the control methods and combine them in cropping systems. Knowledge of these nonchemical control methods of *C. arvensis* could also be used to combine them with conventional control methods to provide efficient mixed strategies, as shown by Miller (2016).

The adaptation of *C. arvensis* control methods to local conditions also presents a challenge. New methods for producing innovations, such as the codesign of farming systems involving researchers and farmers, can allow the design of multiyear strategies for pest management fitted to a specific context (Meynard et al. 2012; Petit et al. 2012; Lefèvre et al. 2014) and could be applied to *C. arvensis* control. The study of the practices and strategies of innovative farmers can also be a source of solutions. Working methods such as tracking on-farm innovations (Lamé et al. 2015; Salembier et al. 2016; Salembier 2019) could highlight alternative methods and multiyear strategies developed by farmers.

Although additional knowledge is still needed on *C. arvensis* control, this is one of the best-known perennial weeds. Similarities in the biological characteristics of *C. arvensis* and other perennial weeds (i.e., *Convolvulus arvensis*) could provide the basis for identifying potential new control methods for these weeds. Moreover, research often focuses on the control of some specific weeds, whereas mixed stands of weeds are often present in fields. Thus, it is important to integrate *C. arvensis* control strategies into more comprehensive thinking (Melander et al. 2012, 2016) and undertake more research on the simultaneous control of various weed species. The functional traits approach developed by Gaba et al. (2017) could be interesting in this prospect.

5 Conclusions

The efficiency of some *C. arvensis* control methods is already known; for instance, the implementation of repeated stubble cultivations in summer and the introduction of mown alfalfa have been shown to be significantly efficient. However, little is known about the long-term efficacy of these control methods and about other more exploratory control methods. This review confirms that one individual practice, implemented in 1 year only, is not sufficient to provide satisfactory control of *C. arvensis* in the long term, and therefore,

combinations of control strategies are required. However, knowledge about the implementation of such combinations of control methods in multiyear strategies is limited, and further studies on interactions, complementarities, and synergies between control methods of *C. arvense* are necessary. Further research is also needed to limit the negative environmental, social, and economic impacts of *C. arvense* control methods.

To guarantee the efficiency of these control practices, knowledge of *C. arvense* biology is essential. This review synthesizes the key points from the previous literature on *C. arvense* biology that can be mobilized to this end. In particular, we propose a conceptual model of the evolution during the year of the thistle root reserves, which makes it possible to understand the diversity of the effects of the same practice, according to its date, and opens tracks for research on the combinations of control methods.

C. arvense is one of the best-known perennial weeds, but other perennial and annual weeds are also problematic. Different means of control are used on annual and perennial weeds, and their effects are sometimes antagonistic. For instance, stubble cultivations are not implemented at the same frequency if their goal is to weaken the root reserves of perennial weeds or decrease the soil seed bank of annual weeds. In cropping systems that do not use herbicides or use them only as a last resort, rotations, tillage, sowing, and mowing dates must be scheduled according to the whole flora to be controlled and not only one species. Research is therefore required on the control of mixed stands of perennial and annual weeds to build global strategies for weed control. These investigations are essential because herbicide regulations are rapidly evolving.

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